



RICHARDS MIDDLE SCHOOL

June 2025

NOTES | The fresh fruit & vegetable bar is available daily and is included with all entrée options!
Breakfast & lunch include flavored or unflavored lowfat or fat-free milk.
One complete breakfast and lunch is FREE for all students each day!

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
BKFST: Cinnamon Biscuit & Blueberry Yogurt Parfait Entrée: Chef's Choice Grab n' Go: PBJ Bagel w/ Cheese Stick Pizza: Sausage Pizza Vegetable: Mashed Potatoes w/ Gravy		BKFST: Breakfast Pizza & Strawberry Yogurt Parfait Entrée: Chef's Choice Grab n' Go: PBJ Bagel w/ Cheese Stick Pizza: Meat Lover's Pizza Vegetable: Sweet Golden Corn		BKFST: Glazed Cinnamon Roll & Peach Yogurt Parfait Entrée: Chef's Choice Grab n' Go: PBJ Bagel w/ Cheese Stick Pizza: Hawaiian Pizza Vegetable: Steamed Broccoli		BKFST: Egg, Bacon & Cheese Bagel Sandwich & Blueberry Yogurt Parfait Entrée: Chef's Choice Grab n' Go: PBJ Bagel w/ Cheese Stick Pizza: BBQ Chicken Pizza Vegetable: Green Beans		BKFST: Cheesy Egg Omelet & Strawberry Yogurt Parfait No Lunch – Half Day	
2		3		4		5		6	
9		10		11		12		13	
16		17		18		19		20	
23		24		25		26		27	
30									